

[English](#) | [French](#) | [Arabic](#) | [Traditional Chinese](#) | [Simplified Chinese](#) | [Punjabi](#) | [Hindi](#) | [Tagalog](#) | [Vietnamese](#) | [Spanish](#) | [Urdu](#) (October 29)

Parents, teachers and school staff must review the [Alberta Health Daily Checklist](#) each day before going to a school building. Visitors must also use this questionnaire to determine if they may enter a school.

People with medical conditions

For students with pre-existing or underlying medical conditions or risk factors, parents should:

- consult your child's physician to consider the health risks and make a decision about returning to school that will best support the child
- contact your child's school to discuss available options and support

Staff should also consult a physician and discuss options with their school board. In addition to consulting with a physician, Albertans can [assess the risk](#) of experiencing severe health outcomes from COVID-19.

If a student shows symptoms

Use the following chart to find required and recommended actions to take if a student shows symptoms.

- [How long to stay home from school](#)

If a student tests positive for COVID-19, they must isolate for at least 10 days. Visit [Isolation requirements](#) for more detailed information.

Get COVID-19 test results online through [MyHealthRecords](#)

If a student has these symptoms	What to do
<ul style="list-style-type: none"> • Fever • Cough • Shortness of breath or difficulty breathing • Loss of sense of smell or taste 	<ul style="list-style-type: none"> • Isolate at home for a minimum of 10 days from when symptoms started or until symptoms resolve, whichever is longer. • COVID-19 testing is recommended. • Can return to school before 10 days only if a COVID-19 test is negative, symptoms are gone, and the student was not a close contact of someone with COVID-19. • Do not enter any long-term care settings for 10 days and until symptoms have resolved. • If test results are positive, isolate at home for at least 10 days and follow instructions received from Alberta Health Services.

If a student has these symptoms	What to do
<p>One of the following symptoms</p> <ul style="list-style-type: none"> • Chills • Sore throat/painful swallowing • Runny nose/congestion • Headache • Muscle or joint aches • Feeling unwell/fatigued • Nausea, vomiting or diarrhea • Unexplained loss of appetite • Muscle/joint aches • Headache • Pink eye (conjunctivitis) 	<ul style="list-style-type: none"> • Stay home from school and monitor for 24 hours. If after 24 hours your symptoms improve, you may return to school when you are feeling better. • A COVID-19 test is not required but is available. • Do not enter any long-term care settings for 10 days and until symptoms have resolved. <p>If a child has any 2 of these symptoms, or after 24 hours, their condition gets worse or they develop a second symptom:</p> <ul style="list-style-type: none"> • COVID-19 test recommended. • May return to school after symptoms are gone, even without a COVID-19 test or results. • Do not enter any long-term care settings for 10 days and until symptoms have resolved. • If test results are positive, isolate at home for at least 10 days and follow instructions received from Alberta Health Services.

If symptoms develop at school

- The student will be asked to wear a non-medical mask and be isolated in a separate room or kept at least 2 metres away from others.
- Parents will be contacted to pick up the child immediately (ensure your school has up-to-date contact information).

Close contacts

Classmates and close contacts